

2018 Tide Chart for the Outer Cape

Average rise and fall 9½ feet.
When a high tide exceeds average height, the following low tide will be lower than average.

Cape Cod Bay High Tides

Note: Adjusted for Daylight Saving Time (March 11 at 2:00 a.m. through November 4 at 2:00 a.m.)

JANUARY				FEBRUARY				MARCH				APRIL				MAY				JUNE									
a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.						
1	9:57	11.9	10:37	10.4	1	11:29	12.1	—	—	1	10:23	11.6	10:57	10.7	1	12:39	10.9	1:10	10.1	1	1:33	10.3	2:11	9.2					
2	10:50	12.2	11:31	10.6	2	12:06	10.8	12:22	11.9	2	11:15	11.7	11:46	10.9	2	1:19	10.7	1:52	9.8	2	2:14	10.1	2:52	9.1					
3	11:44	12.3	—	—	3	12:56	10.8	1:13	11.5	3	—	—	12:05	11.5	3	2:00	10.4	2:35	9.4	3	2:56	9.9	3:36	8.9					
4	12:24	10.7	12:37	12.1	4	1:46	10.7	2:05	10.9	4	12:32	11.0	12:53	11.1	4	2:41	10.1	3:19	9.1	4	3:41	9.6	4:21	8.8					
5	1:18	10.6	1:31	11.7	5	2:36	10.4	2:57	10.2	5	1:18	10.8	1:41	10.6	5	3:25	9.8	4:05	8.8	5	4:29	9.4	5:08	8.8					
6	2:11	10.5	2:27	11.1	6	3:27	10.0	3:51	9.5	6	2:03	10.5	2:29	10.0	6	4:13	9.4	4:54	8.6	6	5:19	9.2	5:57	8.9					
7	3:06	10.2	3:24	10.4	7	4:19	9.6	4:48	8.9	7	2:49	10.1	3:18	9.3	7	5:04	9.2	5:46	8.5	7	6:11	9.1	6:46	9.2					
8	4:03	9.9	4:23	9.7	8	5:15	9.3	5:48	8.4	8	3:39	9.6	4:11	8.7	8	5:58	9.0	6:39	8.5	8	7:06	9.1	7:36	9.5					
9	4:59	9.7	5:24	9.2	9	6:10	9.1	6:48	8.2	9	4:29	9.2	5:08	8.3	9	6:53	9.0	7:31	8.8	9	7:59	9.2	8:25	10.0					
10	5:57	9.6	6:26	8.8	10	7:07	9.1	7:47	8.1	10	5:25	8.9	6:07	8.1	10	7:48	9.1	8:21	9.1	10	8:52	9.5	9:14	10.5					
11	6:53	9.5	7:26	8.6	11	8:01	9.2	8:41	8.3	11	7:23	8.9	8:06	8.0	11	8:41	9.3	9:09	9.6	11	9:45	9.8	10:03	11.1					
12	7:46	9.5	8:22	8.5	12	8:51	9.4	9:28	8.5	12	8:21	8.9	9:02	8.2	12	9:31	9.6	9:54	10.1	12	10:38	10.1	10:52	11.6					
13	8:35	9.6	9:12	8.6	13	9:36	9.7	10:11	8.7	13	9:14	9.2	9:51	8.5	13	10:20	9.9	10:38	10.7	13	11:30	10.3	11:42	11.9					
14	9:21	9.8	9:57	8.7	14	10:18	9.9	10:50	9.0	14	10:03	9.5	10:36	8.9	14	11:07	10.2	11:22	11.2	14	—	—	12:22	10.5					
15	10:03	9.9	10:39	8.8	15	10:57	10.1	11:27	9.2	15	10:47	9.8	11:16	9.3	15	11:39	10.3	11:56	10.6	15	11:55	10.4	—	—	15	12:34	12.1	1:15	10.6
16	10:43	10.1	11:17	8.9	16	11:35	10.3	—	—	16	11:29	10.1	11:54	9.7	16	—	—	12:22	10.5	16	12:08	11.6	12:43	10.6	16	1:27	12.1	2:09	10.6
17	11:21	10.1	11:55	9.0	17	12:03	9.5	12:13	10.3	17	—	—	12:09	10.3	17	12:37	11.0	1:06	10.6	17	12:55	11.8	1:33	10.6	17	2:21	11.9	3:05	10.6
18	11:59	10.2	—	—	18	12:40	9.7	12:52	10.2	18	12:31	10.0	12:48	10.4	18	1:19	11.2	1:51	10.5	18	1:44	11.8	2:25	10.4	18	3:18	11.6	4:01	10.4
19	12:32	9.1	12:37	10.1	19	1:17	9.8	1:33	10.1	19	1:08	10.3	1:29	10.4	19	2:04	11.3	2:40	10.3	19	2:36	11.7	3:20	10.3	19	4:17	11.1	5:00	10.3
20	1:09	9.1	1:16	10.0	20	1:57	9.9	2:17	9.9	20	1:47	10.5	2:11	10.3	20	2:53	11.2	3:32	10.0	20	3:32	11.4	4:17	10.1	20	5:18	10.5	5:59	10.3
21	1:47	9.2	1:57	9.9	21	2:40	10.0	3:05	9.6	21	2:29	10.6	2:57	10.1	21	3:46	11.0	4:29	9.7	21	4:31	10.9	5:18	9.9	21	6:20	10.1	6:58	10.2
22	2:28	9.3	2:41	9.6	22	3:27	10.1	3:58	9.3	22	3:14	10.7	3:46	9.8	22	4:44	10.7	5:30	9.5	22	5:34	10.5	6:20	9.9	22	7:23	9.7	7:55	10.2
23	3:11	9.4	3:29	9.4	23	4:21	10.1	4:57	9.1	23	4:04	10.6	4:41	9.5	23	5:47	10.4	6:34	9.5	23	6:39	10.2	7:21	10.0	23	8:25	9.4	8:49	10.3
24	3:58	9.5	4:22	9.2	24	5:19	10.1	6:00	9.0	24	4:59	10.4	5:41	9.2	24	6:53	10.3	7:39	9.6	24	7:44	10.0	8:21	10.2	24	9:22	9.3	9:39	10.3
25	4:50	9.7	5:19	9.0	25	6:22	10.3	7:06	9.1	25	6:01	10.3	6:46	9.1	25	8:00	10.2	8:41	9.9	25	8:46	9.9	9:15	10.4	25	10:15	9.2	10:26	10.3
26	5:46	10.0	6:21	9.0	26	7:26	10.6	8:10	9.4	26	7:06	10.3	7:52	9.2	26	9:03	10.3	9:37	10.3	26	9:44	9.8	10:05	10.6	26	11:03	9.2	11:09	10.3
27	6:44	10.4	7:24	9.2	27	8:29	11.0	9:10	9.9	27	8:13	10.4	8:56	9.6	27	10:01	10.4	10:28	10.6	27	10:36	9.8	10:51	10.7	27	11:47	9.1	11:50	10.3
28	7:44	10.8	8:25	9.5	28	9:28	11.4	10:05	10.3	28	9:16	10.7	9:55	10.1	28	10:54	10.5	11:15	10.9	28	11:24	9.7	11:33	10.7	28	—	—	12:28	9.1
29	8:43	11.3	9:25	9.9	29	10:15	10.9	10:48	10.5	29	10:15	10.9	10:48	10.5	29	11:42	10.4	11:58	10.9	29	—	—	12:08	9.6	29	12:30	10.3	1:07	9.1
30	9:41	11.7	10:21	10.3	30	11:10	11.1	11:37	10.8	30	11:10	11.1	11:37	10.8	30	—	—	12:27	10.3	30	12:14	10.6	12:49	9.5	30	1:09	10.2	1:46	9.1
31	10:36	12.0	11:15	10.6	31	11:59	11.1	—	—	31	11:59	11.1	—	—	31	—	—	12:27	10.3	31	12:53	10.5	1:30	9.4	31	—	—	—	—

Time difference from Cape Cod Bay for high tide at the following locations:

Bass River Bridge	+1:45	Nantucket (Harbor)	+1:00	Wellfleet	+0:15
Chatham (Outside)	+0:30	Nauset Harbor	+0:30	Wychmere Harbor	+0:50
Chatham (Stage Harbor)	+0:55	Orleans (Meeting House Pond)	+2:00		
Dennisport	+1:00	Orleans (Town Cove)	+1:15		
Hyannisport	+1:00	Pleasant Bay	+1:45		
Monomoy Point	+0:35	Provincetown	+0:15		
Nantucket (Great Point)	+0:40	Race Point	-0:05		

Time varies due to strong wind conditions and barometric pressure.

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JULY				AUGUST				SEPTEMBER				OCTOBER				NOVEMBER				DECEMBER									
a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.	a.m.	ht.	p.m.	ht.						
1	1:49	10.1	2:26	9.1	1	2:44	9.9	3:13	9.5	1	3:45	9.6	4:05	10.1	1	4:15	9.4	4:31	10.4	1	6:00	9.4	6:18	10.3	1	5:46	9.9	6:09	9.9
2	2:30	9.9	3:06	9.1	2	3:27	9.7	3:55	9.6	2	4:35	9.4	4:55	10.2	2	5:12	9.2	5:29	10.4	2	7:04	9.6	7:24	10.3	2	6:47	10.1	7:13	9.8
3	3:12	9.8	3:48	9.1	3	4:12	9.5	4:39	9.7	3	5:30	9.2	5:50	10.3	3	6:14	9.2	6:32	10.4	3	8:06	10.0	8:28	10.4	3	7:45	10.4	8:14	9.8
4	3:57	9.6	4:31	9.2	4	5:01	9.3	5:27	9.9	4	6:30	9.1	6:50	10.4	4	7:18	9.4	7:37	10.5	4	8:04	10.4	8:28	10.5	4	8:38	10.6	9:10	9.8
5	4:43	9.4	5:17	9.3	5	5:54	9.2	6:18	10.1	5	7:32	9.2	7:51	10.7	5	8:20	9.7	8:40	10.8	5	8:57	10.8	9:23	10.6	5	9:27	10.8	10:00	9.8
6	5:33	9.2	6:04	9.5	6	6:52	9.1	7:14	10.4	6	8:34	9.5	8:53	11.1	6	9:20	10.2	9:40	11.0	6	9:46	11.1	10:15	10.5	6	10:12	10.9	10:47	9.7
7	6:26	9.1	6:54	9.9	7	7:52	9.2	8:12	10.8	7	9:35	10.0	9:53	11.4	7	10:14	10.7	10:37	11.2	7	10:32	11.2	11:03	10.4	7	10:55	10.8	11:31	9.6
8	7:23	9.2	7:46	10.3	8	8:53	9.5	9:10	11.2	8	10:32	10.5	10:50	11.7	8	11:07	11.1	11:30	11.3	8	11:17	11.2	11:49	10.2	8	11:37	10.7	—	—
9	8:18	9.3	8:39	10.7	9	9:51	9.9	10:08	11.6	9	11:25	10.9	11:45	11.8	9	11:54	11.4	—	—	9	11:58	11.0	—	—	9	12:13	9.4	12:16	10.5
10	9:16	9.6	9:33	11.2	10	10:49	10.3	11:05	12.0	10	—	—	12:16	11.2	10	12:20	11.2	12:40	11.4	10	12:33	9.9	12:41	10.7	10	12:54	9.2	12:57	10.2
11	10:12	9.9	10:27	11.7	11	11:44	10.7	—	—	11	12:37	11.7	1:05	11.4	11	1:08	10.9	1:25	11.2	11	1:18	9.5	1:24	10.3	11	1:36	9.0	1:40	9.9
12	11:08	10.2	11:22	12.1	12	12:01	12.1	12:37	11.0	12	1:28	11.4	1:53	11.3	12	1:56	10.4	2:10	10.9	12	2:03	9.2	2:09	9.9	12	2:19	8.8	2:24	9.6
13	—	—	12:03	10.5	13	12:54	12.1	1:29	11.1	13	2:19	11.0	2:41	11.0	13	2:43	9.9	2:55	10.5	13	2:50	8.8	2:57	9.5	13	3:04	8.7	3:11	9.2
14	12:16	12.2	12:57	10.8	14	1:48	11.8	2:21																					